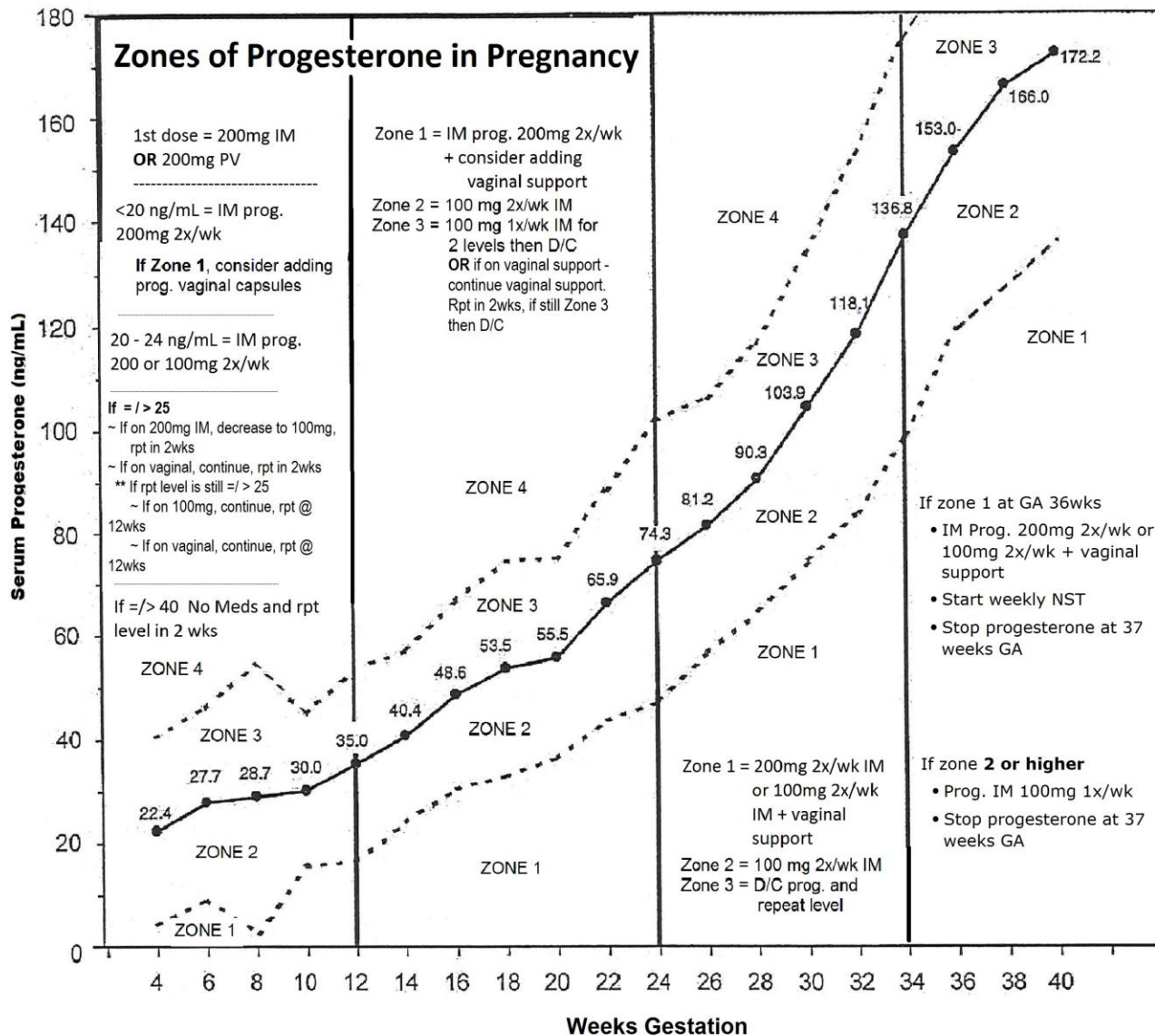


## Modified Progesterone Support Protocol Pope Paul VI Institute



### Indications for Progesterone monitoring & supplementation:

1. Previous SAB
2. Previous infertility
3. Previous stillbirth
4. Previous prematurity (<= 37 weeks)
5. Previous PROM (<= 37 weeks)
6. Previous gestational hypertension, Pre-eclampsia, HELLP syndrome
7. Previous abruption
8. Congenital uterine anomaly
9. Patient with cerclage
10. Low Progesterone
11. Endometriosis
12. PCOS

### Progesterone Follow up

- Zone 1:**
- < 32 weeks, re check every 4 weeks
  - >32 weeks, recheck every 2 weeks
- Zone 2:**
- <14 wks recheck every 2 weeks
  - > 14 wks, recheck every 4 weeks
- Zone 3:**
- always recheck every 2 weeks